

Child and Adolescent Mental Health  
**TRAINING & DEVELOPMENT  
PROJECT**



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**STEERING COMMITTEE REPORT – MEETING WEDNESDAY 12 January 2005**

**PROJECT UPDATE:**

**Strategic Level:**

Links With the Strategic health Authority and its Workforce Development Department being developed

**Maidstone Multi-Agency Interface Project:**

- The single point assessment team is up and running – still experiencing some teething problems but meeting on a monthly basis
- The supervision and support between the specialist CAMHS team and frontline workers from the PCT and from Social Services and Education is now up and running in various forms
- Secondment of a Specialist CAMHS Professional into the tier 2 service being developed in the PCT
- Piloting of child and adolescent development through child observation – 6 week course
  - Group of 19
    - 7 health visitors
    - 5 school nurses
    - 3 FLOs
    - 1 Social Work Assistant
    - Specialist CAMHS Nurse, OT, Counselling Psychologist from Gatland House
  - The training is being evaluated
- The next meeting is to explore the development of a commissioning and strategic framework for comprehensive CAMHS for the Maidstone area

**CPMHW:**

Seminar was successful – good turn out – challenge is now to get ideas generated taken through to the action level

Training at the MSc Level begins at University of Kent this year

**Surestart:**

Six day training programme will be piloted beginning March 2005 with one group and based on this rolled out to the rest of the staff

**Parenting Project:**

East Kent Initiative – linked into the broader Kent Strategy

Train the trainer programme – Solihull's Approach 0 – 5 years and the school years. It is an integrated psychodynamic/psychotherapeutic and behavioural approach for professionals working with children and families who are affected by behavioural and emotional

difficulties. It links very well with the capabilities developed by the project. It also allows for the integration of other techniques and provides a useful set of resources for practitioners to make use of. The theoretical model has been developed from three concepts:

- Containment
- Reciprocity
- Behaviour management

The group being targeted for training:

- Primary Mental Health Workers
- Community Development Officers
- Senior School Nurses
- Senior Health Visitors
- (need to think about the involvement of social services)

They will roll this training out across East Kent

The aims of the training are:

- To help practitioners become reflective in their work with children and young people and their families
- To help them acquire the language to describe and shape practitioner thoughts and experiences
- Increase practitioners understanding of how emotional and behavioural difficulties develop within families
- Provide a coherent model for assessment
- Build confidence and skill level
- Provide reference to evidence based practical advice and resources
- Develop a more consistent approach
- Identify trigger points for early referral to other specialist services
- Contribute to clinical governance frameworks

#### **Links with PCTs, Consortia and other planning/commissioning forums**

- In West Kent been invited to do some work with both SWKPCT and DGSPCT. The work with SWKPCT involves work with a broader planning/commissioning structure that covers 3 consortia. Swale PCT has also asked for us to look at how the project and the PCT can engage more closely.
- Also asked to do work with the Dover and Canterbury CAMHS Local Implementation Groups.

#### **REFLECTION:**

- What is becoming clear is that the issue of getting multi-agency training and development to happen is closely linked to getting other forms of multi-agency work going.
- The focus of the work is shifting to help groups think more broadly about comprehensive CAMHS and how training, development and support need to be integrated into their discussions, plans and delivery of services.